

# Annette Stanwick

As a FREEDOM FACILITATOR Annette specializes in empowering you with choices that move you beyond your fears, painful experiences and self-limiting beliefs, toward freedom, peace and true happiness.

## CAPTIVATING KEYNOTES

### “LETTING GO AND LIVING FREE”

*Strategies for eliminating grudges, gripes and grief.*

Discover how your personal happiness and freedom are shaped by your everyday choices.

### “UNSTOPPABLE JOY”

*The art of achieving joyous living in spite of the turmoil.*

Uncover your unique resources and human qualities to create your own happiness formula.

### “BE ALL YOU CAN BE”

*Techniques for living life with freedom, passion and purpose.*

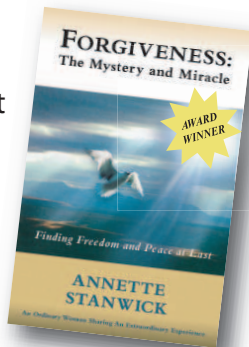
Find your inner strength to rise above and triumph over adversity, conflict and difficult situations.

**Annette Stanwick, BScN**  
Speaker, Author, Freedom Facilitator

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Annette Stanwick BScN  
Speaker, Author & Freedom Facilitator

#### OTHERS SAY:

“Wow - Annette packs a powerful punch! I was privileged to attend her seminar, “Letting Go and Living Free.” Obviously I was not the only one impressed, based on the standing ovation.

Her message is so timely and one everyone needs to hear. Her own personal experience provided a strong emotional foundation. The fact you could hear a pin drop in the audience proves that her speaking style is totally captivating.

A memorable experience!”

Les Hewitt, Author, Speaker, Coach,  
CEO, The Power of Focus Inc.

# People ultimately seek two things in life: Happiness and Relief From Pain!

## Looking for a speaker to:

- Inspire
- Entertain
- Transform your audience

## Then look no further!

## Annette's heart to heart presentations are:

- Based on real-life stories
- Applicable to everyday stress and struggles
- Empowering audiences with strategies and choices that uplift, encourage, transform and give hope

## Her powerful presentations have impacted diverse audiences of:

- Women
- University Students
- Corporations
- Professional Associations
- Churches
- Prison Inmates
- Corrections Staff

## KEYNOTES • SEMINARS • WORKSHOPS • COACHING

## A bit about Annette:

### Annette has decades of experience as:

- A **health care executive** with a nursing background
- A **dynamic inspirational speaker**
- A woman of wisdom, compassion and enthusiasm
- **Recipient** of Rotary International's "Integrity Award"
- **Award-winning author** of FORGIVENESS: THE MYSTERY AND MIRACLE
- **Expert** in organizational leadership, conflict resolution, and facing tough issues
- A recognized **Forgiveness Specialist**



## OTHERS SAY:

"Annette Stanwick is one of those rare transformational leaders who uplifts the spirit of others, inspires healing and forgiveness. A master storyteller and spellbinding speaker, she truly moves people and makes a difference with her messages. With a wonderful sense of humor, she has the gift of teaching us how to let go and be free. She walks her talk and doesn't ask you to do anything she hasn't done her self."

Leo Peters  
The Creativity Coach

## OTHERS SAY:

"I was captivated! The audience participation and number of young people willing to participate in demonstrations were amazing. Thank you for sharing your gifts, struggles and such a wonderful experience."

Lee Weatherill, BA, CMP  
Conference and Meeting Consultant



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